

PSYCHOLOGICAL SCIENCES AND TECHNIQUES

General information	
Academic subject	CLINICAL PSYCHOLOGY
Degree course	PSYCHOLOGICAL SCIENCES AND TECHNIQUES
Academic Year	II
European Credit Transfer and Accumulation System (ECTS)	9
Language	Italian
Academic calendar (starting and ending date)	2 nd SEMESTER
Attendance	NOT COMPULSORY

Professor/ Lecturer	
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Virtual headquarters	
Tutoring (time and day)	See teacher's website

Work schedule			
Total	Lectures	Hands on (Laboratory, working groups, seminars, field trips)	Out-of-class study hours/ Self-study hours
225	40	20	165
Hours			
ECTS			
9			

Learning Objectives	The specific aim of the course is to provide and implement a theoretical and technical knowledge and skills to critically address the study of the epistemological and methodological foundations of clinical psychology, through the analysis of the main basic and applicative discipline's constructs.
Course prerequisites	Specific knowledge of General Psychology and Dynamic Psychology

Teaching strategy	Frontal lessons, lectures and experiential-interactive methodologies: group works, clinical cases discussions in small and large groups, practical exercises in the classroom, flipped learning, workshops and seminars.
Expected learning outcomes	

<p>Knowledge and understanding on:</p>	<p>The students will acquire theoretical knowledge and specific operational skills to address the study and analysis of the epistemological, methodological and procedural foundations of clinical psychology. The students will also have to reach a thorough knowledge and understanding of the main basic discipline's constructs, with reference to the models of clinical intervention, the demand analysis and the different psychotherapy perspectives.</p>
<p>Applying knowledge and understanding on:</p>	<p>The students will acquire specific skills for the application of the learned constructs to the analysis of clinical cases. The learners will therefore gain a specific understanding applied to the proposed contents and a critical revision of texts and materials of lectures, seminars and practical-interactive activities.</p>
<p>Soft skills</p>	<p>Knowledge and understanding. The students will acquire theoretical knowledge and specific operational skills to address the study and analysis of the epistemological, methodological and procedural foundations of clinical psychology. The students will also have to reach a thorough knowledge and understanding of the main basic discipline's constructs, with reference to the models of clinical intervention, the demand analysis and the different psychotherapy perspectives.</p> <p>Applied Knowledge and understanding. The students will acquire specific skills for the application of the learned constructs to the analysis of clinical cases. The learners will therefore gain a specific understanding applied to the proposed contents and a critical revision of texts and materials of lectures, seminars and practical-interactive activities.</p> <p>Making informed judgments and choices. The students will have to acquire the capacity to manage critical and personal conclusions in the clinical case's evaluation, with specific reference to the demand analysis's methodology. The course aims to provide the tools to achieve autonomy in making judgment and decisions in the different areas of clinical psychology knowledge and intervention.</p> <p>Communication knowledge and understanding. The students will acquire the ability to communicate knowledge and personal conclusions regarding the evaluation of clinical problems. The students will have to demonstrate expertise in using the subject's specialized language.</p> <p>Capacity to continue learning. The course aims to develop learners' abilities to deal with the typical problems of clinical psychology. The students will have to demonstrate the capacity to manage the learned knowledge and understandings in order to facilitate subsequent studies and enhance their autonomy in the clinical psychology field.</p>

<p>Syllabus</p>	
<p>Content knowledge</p>	<p>The course consists of three parts, which are characterized by specific training objectives.</p> <p>The first part will be devoted to the definition of the specific clinical psychology objects, focusing the connection between theory, research and clinical intervention, through the discussion of the different psychotherapy perspectives (psychoanalytic model, cognitive-behavioural model, cognitive-constructivist model, systemic-relational model, transactional analysis model, Gestalt model, body-functional model).</p> <p>The second part will be devoted to the analysis of clinical psychology as a theoretical knowledge oriented to the study of the implications of early relationships in individual development processes. This part will also explore the study of nowadays family relationships within the plurality of parenting models, with specific reference to the same-sex families. Starting from this topic, the interconnection between the "culture of differences" and sexuality will be analysed.</p>

	<p>The third part will be centred on the study of relationship between clinical psychology and psychopathology. This part will include workshops on the <i>demand analysis methodology</i> and clinical interview.</p> <p>CONTENTS OF THE COURSE</p> <ul style="list-style-type: none"> - Clinical Psychology: definition and theoretical foundations - Clinical psychology: theoretical models and interpretive approaches - Clinical Psychology and psychotherapy perspectives. - The psychoanalytic approaches - The cognitive-behavioural model - The systemic-relational model - The transactional-analytic model - The Gestalt model - Relationship as clinical analysis's object - Clinical Psychology and development models - Development Interactive-dynamic model and interconnections with clinical psychology - Pathology of the relationships - Family relationships - Parenting and plurality of family configurations - Same-sex families and parenting - Sexuality and biological approach - Sexuality and socio-cultural approach - Sexuality and <i>post-gender</i> identity paradigm - Clinical Psychology and Psychopathology - Psychopathology: contemporary perspectives - Clinical evaluation and diagnosis. - Methods and Techniques of clinical psychology - The Demand Analysis - The clinical interview
Texts and readings	<ul style="list-style-type: none"> • Cionini L. (2013) (a cura di), <i>Modelli di psicoterapia</i>, Carocci, Roma. • Hooley JM, Butcher JN, Nock MC, Mineka S (2017), <i>Psicopatologia e Psicologia Clinica</i>, Pearson (edizione italiana a cura di Buodo G., Gentili C., Ghisi M., Prunas A., Pruneti C.), cap. 1, 2, 4, 6, 7, 8. • Beebe B., Lachmann FM (2003), <i>Infant research e trattamento degli adulti. Un modello sistemico-diadico delle interazioni</i>, Raffaello Cortina Editore, Milano • Taurino A. (2016), <i>Due papà, due mamme. Sfatate i pregiudizi</i>, La meridiana, Molfetta. • Taurino, A (2021), <i>Cultura delle differenze e sessualità. Dal rapporto sesso/genere alla fluidità dell'identità</i>, La meridiana, Molfetta.
Notes, additional materials	• /
Repository	• The lecturer's page will contain any additional teaching materials.

Assessment	
Assessment methods	The final exam is in written form. It includes multiple choice questions, open questions and a clinical case discussion.
Assessment criteria	<p>The final assessment will aim to verify the level of the student's mastery with respect to the contents proposed during the course with a specific consideration for:</p> <ul style="list-style-type: none"> • references to theory (knowledge and understanding); • references to methods and procedures of clinical psychology (applying knowledge and understanding); • ability to make conceptual inferences (making informed judgments and clinical choices); • lexical appropriateness (communicating knowledge and understanding); • ability to elaborate contents (capacities to continue learning).

Final exam and grading criteria	The exam is passed when the grade is greater than or equal to 18/30, with a maximum of 30/30 cum laude.
Further information	/